

2017 with PilatesBody4U

	January					February					March					
Monday		2	9	16	23	30		6	13	20	27		6	13	20	27
Tuesday		3	10	17	24	31		7	14	21	28		7	14	21	28
Wednesday		4	11	18	25		1	8	15	22		1	8	15	22	29
Thursday		5	12	19	26		2	9	16	23		2	9	16	23	30
Friday		6	13	20	27		3	10	17	24		3	10	17	24	31
Saturday		7	14	21	28		4	11	18	25		4	11	18	25	
Sunday	1	8	15	22	29		5	12	19	26		5	12	19	26	

	April					May					June					
Monday		3	10	17	24		1	8	15	22	29		5	12	19	26
Tuesday		4	11	18	25		2	9	16	23	30		6	13	20	27
Wednesday		5	12	19	26		3	10	17	24	31		7	14	21	28
Thursday		6	13	20	27		4	11	18	25		1	8	15	22	29
Friday		7	14	21	28		5	12	19	26		2	9	16	23	30
Saturday	1	8	15	22	29		6	13	20	27		3	10	17	24	
Sunday	2	9	16	23	30		7	14	21	28		4	11	18	25	

	July					August					September					
Monday		3	10	17	24	31		7	14	21	28		4	11	18	25
Tuesday		4	11	18	25		1	8	15	22	29		5	12	19	26
Wednesday		5	12	19	26		2	9	16	23	30		6	13	20	27
Thursday		6	13	20	27		3	10	17	24	31		7	14	21	28
Friday		7	14	21	28		4	11	18	25		1	8	15	22	29
Saturday	1	8	15	22	29		5	12	19	26		2	9	16	23	30
Sunday	2	9	16	23	30		6	13	20	27		3	10	17	24	

	October					November					December					
Monday		2	9	16	23	30		6	13	20	27		4	11	18	25
Tuesday		3	10	17	24	31		7	14	21	28		5	12	19	26
Wednesday		4	11	18	25		1	8	15	22	29		6	13	20	27
Thursday		5	12	19	26		2	9	16	23	30		7	14	21	28
Friday		6	13	20	27		3	10	17	24		1	8	15	22	29
Saturday		7	14	21	28		4	11	18	25		2	9	16	23	30
Sunday	1	8	15	22	29		5	12	19	26		3	10	17	24	31

Pilates Classes

Monday - Mochdre

School Holidays / No Classes

Tuesday - Craig y Don

Bank Holidays / No Classes

Wednesday - Mochdre
Craig y Don

Thursday - Old Colwyn
Craig y Don

Term 1	6 weeks	09/01/2017 - 16/02/2017
Term 2	6 weeks	27/02/2017 - 06/04/2017
Term 3	5 weeks	24/04/2017 - 25/05/2017
Term 4	11 weeks	05/06/2017 - 24/08/2017
Term 5	7 weeks	11/09/2017 - 26/10/2017
Term 6	6 weeks	06/11/2017 - 14/12/2017
Total	41 weeks	

